

Vaccination against Covid-19 – information from Region Halland

The vaccination protects against illness and saves lives. The vaccination is voluntary. It is free of charge.

Everyone who wants to will be vaccinated. You can see when it is your turn here:

- www.1177.se/Halland
- www.regionhalland.se
- Advertisements in newspapers
- Posts on Region Halland's Facebook page

How to book a time for your vaccination

You can book a time at 1177.se/Halland/boka-vaccination-covid-19. You need to have bankID or a different form of eID to book a time online.

When you book your time, you will be asked a few questions about your health (health declaration).

If you can't book online, you can phone to get help. The telephone number is **010-476 19 35**.

There are several health centers where you can be vaccinated. You can choose whichever one you want. You do not have to be registered there.

Remember the following when getting the vaccine

- If you have a cold or other symptoms of Covid-19, stay at home. Book a new vaccination time.
- Come to the health center at the time you booked. Don't come too early. This helps avoid crowding.
- Have an ID document with you.

- You are given the vaccine in your upper arm. It is therefore good to wear a top with short sleeves. This makes it easier to do the injection.
- You will be given a card stating which vaccine you have been given. Take it with you when you get your second shot.
- If you have any questions about the vaccine, you can ask the staff when you are being vaccinated.

This is what it may feel like when you have been given the vaccine

Once you have been given the vaccine, you may become sore at the point where the needle was inserted into your arm. Many people also feel one or more of the following:

- tiredness
- headache
- chills
- fever
- pain in the joints and muscles.

Stay at home until you feel well again. It usually takes less than a day to recover. If such symptoms persist for more than 24 hours, you should take a Covid-19 test.

If you become more ill or are worried after receiving the injection, call 1177 or a health center. You can talk to a nurse there, who will advise you about what to do.

You should continue to keep distance

There is a small risk that you can still get Covid-19 even after you have been vaccinated. You can also infect others even if you don't get sick yourself. You therefore have to continue to follow the recommendations.

If you have been vaccinated, please note the following:

- Even if you have been given the Covid-19 vaccine, you should take a test immediately if you develop symptoms.
- Always stay at home if you have symptoms.
- Wash your hands often and keep distance. This helps avoid the spread of infection.

Important information if you are very allergic

If you have experienced a very severe allergic reaction in the

past, please inform a nurse or doctor about this before you are given the vaccine. This applies if:

- You have previously been so allergic that you had to go to hospital.
- You have previously been so allergic that you had to use an adrenaline pen.

Important information if you take blood-thinning medicine

You can get the vaccine even if you are taking blood-thinning medication. However, it is important that the person vaccinating you knows about this and that you book a time for the vaccination at the right time of the day.

You can read more at www.1177.se/Halland about what to take into account before booking a vaccination time. You can also contact your health center before booking a vaccination time.

Read more about the vaccination

Together with this letter you receive a fact sheet from the Public Health Agency of Sweden. It provides more information about the vaccination against Covid-19.

Further information is also available at www.1177.se/Halland.

Make sure you do not get tricked

If someone contacts you about getting a vaccination, please remember that:

- Vaccination against Covid-19 is free of charge. If the person who contacts you asks for money, you are being tricked.
- Nobody from the health service will call you unexpectedly and ask you to identify yourself with your bank code box or bankID, for any reason.