

14 Sep 2021

Vaccination against covid-19 – information to you who have not been vaccinated or only have been given one dose

We can now offer you vaccination against covid-19 if you have not been vaccinated yet or you've only been given one dose.

Vaccination is voluntary and free of charge. Vaccination provides good protection against becoming seriously ill and it can save lives.

Before receiving the vaccine, you must complete a health declaration form. An assessment of this declaration will determine whether you are able to have the vaccine.

If you've already been given the first dose of the vaccine please be aware that you then must wait four weeks before you can receive the second dose.

This is important to know if you are suffering from severe allergy

If you've had a severe allergic reaction that needed to be treated in hospital or you've been given an adrenaline autoinjector due to a severe allergic reaction you're advised to speak to a nurse or doctor at your local health care centre about how and when to get your vaccination. You cannot be vaccinated at a drop-in service.

This is important to know if you're using anticoagulation medication

You can be given the vaccine even if you're on anticoagulation medication but it's important that the person who vaccinates you gets to know.

If you want to get more information about the vaccination beforehand you can access it via [1177.se](https://www.regionhalland.se/1177) or you can contact your health care centre.

Important to consider before vaccination

- If you've got a cold or other symptoms that might be covid-19 you must stay at home and **cannot** come for your vaccination.
- Bring proof of your ID
- You will receive the vaccination in your upper arm. Please wear a short-sleeved top to facilitate easier access.
- If you're to be vaccinated with the second dose please bring along the vaccination card you received at the time of your first vaccination.
- If you have any questions regarding the vaccination, please ask the staff.

After the vaccination

After the vaccination your arm may feel sore, or you may feel tired and have a headache. You may also get the chills or a fever or have joint and muscle aches. These are common side effects and usually appears during the first 24 hours. Any discomfort is usually mild and will go away after a few days. If you experience more severe symptoms or are worried, you're advised to call 1177 or your health care centre. You're advised to stay at home during the time you're experiencing symptoms and to get tested for covid if they persist after a few days.

Continue to follow the recommendations and guidelines

There is a slight risk of being infected with covid-19 after you've had the vaccination. Even if you only experience mild symptoms, you're at risk of spreading it to others who can get seriously ill. It is not yet known for how long the protection of the covid-19 vaccines will last.

Even if you're vaccinated it's still important to follow the recommendations:

- Get tested if you experience symptoms of covid-19
- Always stay at home if you get symptoms even if it's only mild ones.
- Wash your hands and keep your distance. That way you reduce the risk of spreading infection.

Keep updated by checking the Folkhälsomyndigheten (The Public Health Agency) website [folkhalsomyndigheten.se](https://www.folkhalsomyndigheten.se)

Read more about vaccination against covid-19

More information ”[About your covid-19 vaccination](#)” can be found on the Folkhälsomyndighetens website [folkhalsomyndigheten.se](https://www.folkhalsomyndigheten.se)

There is also further information on 1177.se/Halland about vaccination against covid-19.