

November 2021

Vaccination against covid-19

Vaccination is voluntary and free of charge. Vaccination provides good protection against becoming seriously ill and it can save lives.

Before receiving the vaccine, you will have to complete a health declaration form. An assessment of this declaration will determine whether you are able to have the vaccine.

This is important to know if you are suffering from severe allergy

If you've had a severe allergic reaction that needed to be treated in hospital or you've been given an adrenaline autoinjector due to a severe allergic reaction you're advised to speak to a nurse or doctor at your local health care centre (vårdcentral) about how and when to get your vaccination. You **cannot** be vaccinated at a drop-in service.

This is important to know if you're using anticoagulation medication

You can be given the vaccine even if you're on anticoagulation medication but it's important that the person who vaccinates you gets to know.

If you want to get more information about the vaccination beforehand you can access it via 1177.se/Halland/fragor-vaccin-covid-19 or you can contact a health care centre.

Important to consider before vaccination

- If you've got a cold or other symptoms that might be covid-19 you must stay at home and **cannot** come for your vaccination.
- You can receive dose 1 or dose 2 if you are 16 years or older.
- You can receive dose 3 if you are included in the groups that are now able to book
- Bring proof of your ID
If you are 16 or 17 years of age you will also need to bring a consent form with you for your first visit. This needs to be signed by both guardians.
- You will receive the vaccination in your upper arm. Please wear a short-sleeved top to facilitate easier access.
- If you're to be vaccinated with the second or third dose, please bring along the vaccination card you received at the time of your earlier vaccination.
- If you have any questions regarding the vaccination, please ask the staff.

After the vaccination

After the vaccination your arm may feel sore, or you may feel tired and have a headache. You may also get the chills or a fever or have joint and muscle aches. These are common side effects and usually appear during the first 24 hours. Any discomfort is usually mild and will go away after a few days. You're advised to stay at home during the time you're experiencing symptoms and to get tested for covid if they persist after more than 24 hrs. If

you experience more severe symptoms or are worried, you're advised to call 1177 or your health care centre so that your symptoms can be checked out whether they can be linked to the vaccination or not.

There is a slight risk of being infected with covid-19 after you've had the vaccination. Even if you only experience mild symptoms, you're at risk of spreading it to others who can get seriously ill. Therefore, it's important to continue to follow the recommendations and guidelines:

- Always stay at home if you get symptoms even if it's only mild ones.
- Get tested if you experience symptoms of covid-19
- Wash your hands often and keep your distance. That way you reduce the risk of spreading infection.

To keep up to date regarding recommendations and guidelines please check Folkhälsomyndighetens (The Public Health Agency) website [folkhalsomyndigheten.se](https://www.folkhalsomyndigheten.se)

Read more about vaccination against covid-19

More information about your covid-19 vaccination can be found on the Folkhälsomyndighetens (The Public Health Agency) website [folkhalsomyndigheten.se](https://www.folkhalsomyndigheten.se)

Further information about vaccination against covid-19 can be found on [1177.se](https://www.1177.se)